



Partner's Report February 2024

Welcome to our third partner's report of the 2nd phase of the Carers-ID study. These reports are intended to keep you up to date with progress and developments on the Carers-ID (www.carers-id.com) study.

As you know, the purpose of this phase of the project is to determine the feasibility of delivering the Carers-ID online programme, for improving well-being in family carers of people with intellectual disabilities.

Project Update:

- We are continuing with our UK wide recruitment of carers of people with intellectual disabilities. We currently have 68 carers enrolled in the study, which is over half way to our goal of recruiting 120 carers from across the UK.
- We are hoping to test a new method of recruitment through NHS learning disability teams. We are currently in the process of obtaining ethics and hope to begin this new phase of recruitment in the coming months.
- Our peer mentoring programme launched in June and continues to have monthly sessions for carers enrolled in the study. A reminder that the next sessions are 28th February (2.30pm). We would like to thank our wonderful mentors who have given up their time to support this programme.

New Publications:

- A paper on UK and Irish family carers experiences during the pandemic has now been published in BioMed Central Public Health and can be accessed here: [BMC Public Health](#)

If you have any queries about the research please contact Dr Rachel Leonard (Rachel.Leonard@qub.ac.uk) or Dr Mark Linden (M.Linden@qub.ac.uk)

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